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FROM THE SUPERIOR GENERAL

Joyful Living: Witness to God's Love

"Anyone who has met the Lord and follows him faithfully is a messenger of the joy of the Spirit" (Rejoice, 6). By saying this, Pope Francis stresses one of the important aspects of following the Lord. Pope Francis speaks about joy as a necessity, the foundation of human life. It is not something to be found in the fullness of life or at a desired state of life, but in the daily struggles, while encountering the events and people who come across. It is in accepting the realities of life, one tries to find joy and abide in it with the totality of his/her being. It is true that search for happiness is constant in everyone's life. Happiness cannot be attained by accumulating possessions and riches of this world. There is no specific road to reach this state of happiness. It is attained by maintaining a positive outlook towards life and remaining at peace within one-

Placing joy as the foundation of human life, Pope Francis emphasizes its importance in the lives of every consecrated man and woman. Consecrated persons are to radiate the ineffable goodness of God whom they are called to follow. In it lies the need of knowing Him and having a personal experience of Him. Their life of sacrifice and service bear fruit, only when they are able to radiate the joy that is deeply rooted in God and in His people with whom they live. "We are called to know and

show that God is able to fill our hearts to the brim with happiness; that we need not seek our happiness elsewhere; that the authentic fraternity found in our communities increases our joy; and that our total self-giving in service to the Church, to families and young people, to the elderly and the poor, brings us life-long personal fulfilment" (Pope Francis).

Embracing the life of consecration involves a closer following of Jesus. One is able to find the real meaning of this life by gaining a deeper understanding of His way of life. Jesus made the choice to accomplish His Father's will and remained obedient and true to Him. He knew perfectly well that His suffering was not in vain but it was for accomplishing the great eternal plan. Pope Francis tells the consecrated persons, "Like everyone else, we have our troubles, our dark nights of the soul, our disappointments and infirmities, our experience of slowing down as we grow older. But in all these things we should be able to discover "perfect joy." For it is here that we learn to recognize the face of Christ, who became like us in all things, and to rejoice in the knowledge that we are being conformed to him who, out of love of us, did not refuse the sufferings of the cross." The life of commitment to the Lord demands total submission of one's life. It is in conformity to find



God's will in everything and trusting in His providence and care.

The love of Christ keeps fascinating the souls who encounter Him. St. Paul once experienced the tangible love of the Lord whom he encountered, vouched to live his life entirely for Him. He found the surpassing greatness in knowing Christ. He said, "Indeed, I count everything as loss because of the surpassing worth of knowing Christ Jesus my Lord. For his sake I have suffered the loss of all things and count them as rubbish, in order that I may gain Christ" (Phil 3:8).

May this year of 'Consecrated life' lead everyone to understand the depth of God's love and goodness and that true joy may be radiated around. May every consecrated person witness the untold mysteries of His love and faithfulness.

Sr. Philomena Mathew Superior General







Jubilee of Religious Profession 2015

MSMHC Generalate, Hatigaon celebrated the jubilee of religious profession of ten Sisters on 29 August; three golden and seven silver. Welcoming the assembly gathered for the solemn Eucharistic celebration of the day, Sr. Philomena Mathew, the Superior General appreciated the jubilarians for their simplicity, cheerfulness and fervour in living their commitment. She thanked them for their exemplary life and faithful service to the Congregation and the Church.

The main celebrant, Archbishop John Moolachira of Guwahati Archdiocese in his homily thanked the Jubilarians for extending God's Kingdom in different parts of the country and outside, through their life and ministry.

He said, "On an occasion like Jubilee, one realises how good God is." Quoting Prophet Isaiah (40: 28, 29), he invited the Jubilarians to understand the unconditional love and faithfulness of God. He said, "Our Lord is the everlasting God, the Creator of all the earth, He never grows weak or weary and no one can measure the depths of his understanding."

The beautiful ambience, special prayers and singing made the Holy Mass awe-inspiring and grand. Followed by the Holy Mass was the time for special greeting, felicitation, cutting of Jubilee cake and sumptuous meal. In the afternoon, at the Little Flower School auditorium, there was a special programme performed by the students

of Ferrando Speech and Hearing Centre, Barapani, Meghalaya.

The celebrations had begun on the previous day with the arrival of the Jubilarians, wherein the community of Hatigaon offered them a colourful welcome. The Junior Sisters led them to have a flashback of the past years and reminded them of God's faithful love which accompanied them through a symbolic voyage experience. Sr. Philomena Mathew, the Superior General welcomed each of them with phoolon Gamocha and Jhappi and they were led to a short entertainment programme by the Junior Sisters. In the same evening, there was a prayer service organised by Sr. Ancilla Jose, the Economer General and her team to thank God and pray for





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the jubilarians. Grand dinner specially served by the Superior General, members of General Council and community made the evening overly solemn.

Prior to the celebration, the Jubilarians had spent much time in prayer, reflection and sharing under the guidance of Sr. Mary Perunilam, the Assistant General at Bethel, Barapani, Shillong. Before joining the programme at Bethel, the Silver Jubilarians had the chance of attending a 12-day renewal programme at Atmadarshan, Patna.

Having come to the fiftieth year of religious profession, the three golden Jubilarians were happy to be together and share the past experiences. Sr. Rosy Francis said, "I gave my best in all that I did. I did make use of every occasion to proclaim Jesus in word and deed." Acknowledging the blessings of God in her life she exclaimed in joy, "I cherish the gift of joy which God has blessed me with..." She wishes that all the members of the Congregation remain holy, authentic and persevere in their call to religious life.

Sr. Mary Joseph who pioneered the mission in Mizoram loved to speak about her experiences of reaching out to people. She said, "I had a special love for the poor and I always looked out for the means to reach out to them..." She further said, "I always found joy in giving... In my experience, the more I gave the more I received..."

Sr. Virginia Kujur who is known for her apostolate among the people in the villages had many stories of strengthening people's faith. Looking back with joy and contentment she said, "I feel satisfied for having accomplished my mission. What I cherish most is the time I spent with the simple people in the villages..."





New Members for African Mission



Sr. Bindu Thomas from Shillong Province and Sr. Manju Kachap from Bangalore Province left for Lesotho mission on 18 August. The members of the community at Lesotho, Sr. Teresa George and Sr. Lilly KYS along with the people welcomed them at their arrival in Lesotho on 20 August.

Sr. Manju, when asked to speak about her expectation of her future mission said, "I am happy to be a missionary. And, it is something that I dreamed from the beginning. I firmly believe in the presence of God always and I wish to do what pleases Him."

Sr. Bindu on the day of her leaving for Lesotho said, "As I leave today from India, I believe and strongly feel that the Lord is taking me to the mission which he has planned for me and He will use me as an instrument to make known His love to the people over there at Lesotho." Believing in the power of God and His righteousness she found much meaning in the words of Jesus, "Seek ye first the Kingdom of God and His righ-

teousness and all these things shall be added unto you" (Mt. 6: 33).



Sr. Elizabeth Lemo from Tinsukia Province, who set off for Mozambique mission on 31 August was touched by the assurance of God's protection and care. She drew inspiration from the Word of God, "Do not fear for I am with you. Do not be afraid, I will strengthen you. I will help you, I will uphold you with my victorious right hand" (Is 41:10).







Graduation Day at FIS, Umsning

The fifth convocation of Ferrando Institute of Spirituality (FIS) for the students of 2013-2015 and the inauguration of the academic year 2015-2016 was held on 20 June 2015 at its centre in Umsning. The day began with a meaningful Holy Eucharistic celebration officiated by Bishop Thomas Pulloppillil of Bongaigaon Diocese, along with seven concelebrants from various institutions that are closely associated with FIS.

Immediately after the Holy Mass, the convocation ceremony began with a procession by the graduating students to the hall. After which was the lighting of the ceremonial lamp by the chief guest, student representatives and other dignitaries present for the convocation.

The Assistant Director and Dean of Studies, Sr. Ligi James welcomed the gathering. Sr. Philomena Mathew, the Superior General of MSMHC and Chancellor of the Institution, declared the Graduation Day opened and addressed the gathering. She congratulated the fifth batch of students for successfully completing their Master's Degree in Spirituality and encouraged them to move forward with determination and courage. She briefed the gathering, the purpose of the Institution and its set plans for future.

Sr. Tessy Joseph, the Director of FIS presented the Annual Report of the Academic Year 2014-2015.

The Chief Guest, Rt. Rev. Thomas

Pulloppillil in his message expressed great appreciation to the Superior General and the MSMHC Congregation for having taken the initiative to establish FIS. Commenting on its uniqueness and significance he said that, it is the first of its kind in the country as there is no other academic institution with similar vision, aim and objectives, giving emphasis for both intellectual and spiritual formation. He encouraged the members to forge ahead, widening its horizon to reach out to as many as possible in the region and outside.

The ceremony of awarding the degree began as Sr. Tessy Joseph pre-

Jyrwa, Sr. Rebecca Sangtam, Sr. Shanti Murmu, and Sr. Solly Thyparambil were conferred certificates by the Chief Guest.

Sr. Liji James, Dean of Studies presented the candidates of Diploma in Philosophy and they were conferred certificates by the Chief Guest and the Chancellor. This was followed by the ceremony of welcoming the new batch of students and declaration of the New Academic Year 2015-2016 opened by Sr. Philomena Mathew, the Superior General.

At the end of the ceremony, Sr. Teresa Ralte, Provincial Councilor for Social



sented the candidates who are certified by the Institute to be qualified for the Master's Degree in Faculty of Spirituality. The qualified students - Sr. Celine Zosangpui, Sr. Ethilda Shangdiar, Sr. Jancy Sebastian, Sr. Juliana Awungshi, Sr. Jyoti Chintamalla, Sr. Lona Mary Apostolate read the felicitation address of Sr. Mary Concepta Dkhar, Provincial of Shillong, Sr. Lona Mary Jyrwa, one of the outgoing students proposed a vote of thanks and the assembly dispersed for lunch after singing together the Institute Anthem. 'Hail Oh Hail FIS'.

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Foundation Stone Laid for Institute Block of Ferrando Institute of Spirituality





Sr. Philomena Mathew, the Superior General on 24 May 2015, laid the Foundation Stone for the Institute Block of Ferrando Institute of Spirituality (FIS), Umsning, Meghalaya; it was blessed by Fr. Jaison Perumpalliolickal CMF from St. Claret Seminary, Umsning. Sr. Jane Francis, General Councillor for Education, Sr. Ancilla Jose, Economer General, Sr. Lily Changsan, Secretary General, Sisters from Hatigaon community, Sr. Mary Concepta, Provincial Superior

of Shillong, Sr. Tessy Joseph, the Director, Sr. Ligi James, the Deputy Director, Sisters from Bethel, Ferrando Speech and Hearing Centre and the students from FIS were present on the occasion.

Welcoming the gathering, Sr. Philomena Mathew, the Superior General said, "This is a long cherished dream. It gives me a deep sense of satisfaction as this foundation is going to make a great contribution in the future for the growth of the Church and society."

Updates from Centre for Developmental Initiatives

A new project on 'sustainable livelihood for women working in the stone crushing units at Boropahari, West Bengal' has successfully completed its pilot initiative for six months under the leadership of Sr. Rose Paite, the General Councillor for Social Apostolate. The project has benefited about 500 women of the locality in becoming aware of their rights and entitlements. The project is looking forward to cov-



ering 10 more villages to render assistance to about 3000 more women and children

A study report revealed that 100 percent of the women working there are migrated from the state of Jharkhand. The daily income of the women is not sufficient to meet the basic needs of the family and they do not have option for an alternative livelihood. Among the women working in the stone crushing units 62.0 percent earns Rs. 51 - 100 per day and only 2.0 percent of them earns Rs. 200 to 300 per day. Although 90 percent of every household have their own land, cultivation and kitchen gardens, those are often not successful due to the scarcity of water as the quarries have swallowed up the natural existing streams.



Almost the whole month of September Sr. Rose Paite was engaged in campaigning for the prevention of alcoholism in various parts of the North East region. A team of 'Alcoholic Anonymous' from Mumbai joined her and assisted the campaign. Programmes on awareness and its prevention strategies were conducted for the students of Centre for Developmental Initiatives (CDI), DBI, St. Anthony's Collage, Shillong, Tea Garden, Tinsukia, St. Luke's Hospital, Tinsukia, Kohima, Dimapur, Asha Bora Foundation Society and for the Class IX and X students of Little Flower School, Hatigoan, Sr. Rose also took two days' sessions on Alcoholism and recovery process for the Sisters of VSDB at Madonna Convent, Upper Shillong.





Discernment Retreat for Junior Sisters

Junior Sisters undergoing the Juniorate programme at Hatigaon had a discernment retreat from 25 July to 5 August by Fr. Mathew Chanikkuzhi.

The ten-day retreat helped the Sisters to gain more understanding of their call to commitment and mission.

All the sessions were based on the Word of God and it challenged them to examine the quality of their



life. The retreat provided them ample time for quiet prayer and reflection to understand God's love and discern His will. It also encouraged them to have passion for Jesus and His mission.

Animation Programme for Office Bearers of WAC, Siliguri

The office bearers of Women Apostles for Catechesis (WAC) in Siliguri had an animation programme from 5 to 8 June. During the inaugural function, Fr. John Berger, the Chief Guest, spoke about the large-heartedness and human approach of Bishop Ferrando. He stressed on the importance of building homes with the values of Jesus and expressed his gratitude towards the members of WAC in the parish, who are actively involved for the different activities of the church.

After the inauguration and a short break, Sr. Christine Mynsong, General



Councillor for Evangelization, took a session on the guidelines of WAC movement and explained the role and duties of the office bearers. She also discussed with the group issues, concerns and challenges faced by the families, and gave them tips to handle conflicts.

Sr. Rita Kullu, the Provincial Councilor for Evangelization spoke on Small Christian Community (SCC) and

presented to them the method to learn, reflect and know the Word of God and Sr. Flora Topno took the session on the role and duty of mothers in the homes and the Church.

Besides the input sessions, the programme had time for discussions and planning for future. There was also election and the ceremony of making promise by the new office bearers.

Animation Programme for YAC, Sonapur

On 25 July, Sr. Christine Mynsong, General Councilor for Evangelization animated the group of YAC members gathered for training programme at St. Mary's Convent, Sonapur. She enlightened the group on the origin of YAC, its aims and objectives. Giving a detailed understanding of the various activities and involvement of the YAC in the parish, she encouraged the members to give their best in all that they are

called to do. She also took a session on the sacraments with special emphasis on the Eucharist. With a video clip on Julia Kim, who had a tangible experience of Jesus after receiving the Holy Communion, she guided the group to understand the transforming power of the Eucharistic Lord.

Pastoral Counseling Programme for Touring Sisters

Sr. Christine Mynsong and Sr. Martina Thabah were among the resource persons of the Pastoral Counseling Programme, organised at Jyoti Bhavan Provincial House, Tezpur on 10-14 June.

Sr. Martina had a session on small Christian Community (SCC), which she presented as one of the powerful methods of evangelization. She described it as a means for directing the faithful to community-life in the Spirit.



She also taught them the method of praying and studying the Word of God in groups.

The session of Sr. Christine Mynsong was on Evangelization based on the Charism of the Congregation. She

took the occasion to explain the purpose, aim, objectives and activities of YAC and WAC movements of the Congregation. She also gave inputs on counseling and offered practical suggestions to conduct counseling.

News from Overseas

Educational Programme for Children at Mozambique

The centre at Mozambique organised an intensive week-long educational programme for the school children during the holidays, from 12 to 16 May. At its very start Sr. Saroj Kindo captured the children's attention with the teaching of English alphabet through video clippings. The interesting way of learning enthused them to grab the opportunity

for picking up English.

The learning was fun filled with various games and action songs. There were also sessions for instilling into the children the basic human etiquette. There were only 18 children on the first day, but eventually the number of participants reached above 30. On the last



day of the programme, Fr. Jijo Thomas, the chaplain of the Ponto De Ouro community met the group and encouraged them to give importance for learning new things. He congratulated the regular participants of the programme with a token of appreciation. All those present were given a Rosary each and they were guided to the Church to be blessed and prayed over.

Finally, the children were led to a nearby beach, where they had further amusement amidst a lot of fun. At the end of all, the children were gathered together in Kaya, the Presbytery for refreshments and they all returned home with a wonderful memory.

Children's Day Celebrated



The children's day at Mozambique brought much joy to the little kids in the escolinha JARDIM DE SOL (Preschool). Sr. Mary Clara along with Teacher Julia prepared the children for the great occasion.

The theme of the day was CRE-SEMOS JUNTOS (we grow together). The children started celebrating the day with a march singing VIVA VIVA UM DE JUNHO E NOSSO DIA, VIVA O DIA UM ...means long live 1st June, it's our day.

The children performed drama, dances and songs, adding happiness and thrill to the day's celebration. The parents were invited to partake in this great event. Mr. John, the Chief of the locality gave them a powerful message to grow in life. At the end of the programme, the feastday cake was cut and a grand dinner was served for all.



Vocation Camp at Ethiopia

"The harvest is great, the labourers are few..."

The MSMHC community at Meki in Ethiopia organised a vocation camp for the young girls of the place from 7 to 10 August. The programme was participated by 11 girls. The Sisters made all efforts to make the event a successful one. Bishop Abrahma Desta of Meki diocese spoke to them on Consecrated life and its importance and Fr. Mullattu spoke about



religious life as a gift from God. The sisters spoke about the Congregation, its Spirit and Charism and about its Founder Bishop Ferrando. The Girls who attend-



ed the programme were very happy and were enriched. Out of eleven, seven of them expressed their desire to serve the Lord and opted to stay with the Sisters.

Mission Coordinator Visits Meki

The community of Meki welcomed Sr. Elsa Joseph Puthenpurackal, the Mission Coordinator, on 19 June. She spent time with the Sisters, prayed with them and met them. The community was privileged to welcome the Bishop of Meki on 21 June, during the visitation of Sr. Elsa. He celebrated Holy Mass in the morning and on the

same evening the community arranged a get-together meal with Bishop, priests and supporters.

Sr. Elsa also took the chance to visit one of the parishes named Arsinegalle along with Sr. Annie Jose. It is one of



the Centres from which the Congregation received invitation to start another community. After completing the visitation programme, Sr. Elsa left for Addis Ababa airport on 23 evening to take the flight of 24 morning to Swaziland.



Marian Procession at Swaziland

The mission centre at Malkerns in Swaziland, organised a Marian procession in the parish on 24 May, during which a fitting honour was rendered to Mary Help of Christians through hymns and prayers. At the end of the procession, Sr. Susan Soren gave a talk on the role of Mary in the life of every Christian. She also took the chance to speak about the congregation of the

Missionary Sisters of Mary Help of Christians and her influence in the life of its every member.

The Sisters take active participation in faith formation programme of the Church. They conduct Small Christian Community (SCC) in the outstations



and Family and Community Catechesis (FCC) on the fourth Sunday of every month. They deal with topics such as Liturgical seasons, Sacraments, Value of Holy Mass, Mary Help of Christians and Theological virtues of faith, hope and charity.



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Health Camp Organised

For the past three years the parish of Malkerns has been organising Health Camp to offer free treatment for the sick. The service is made possible through the help of Doctors from Taiwan who are known to Sr. Elsa Joseph who works for the terminally sick and suffering clients at Hope House. This year's Health Camp was organised on 11 July which had more than 300 pa-

tients. Sr. Elsa Joseph was overall in charge and the volunteers from the parish helped the doctors with language translation and rendered other assistance. Srs. Theresa Krocha, Dimaya Amdep and Susan Soren were also present to help the people.

The health camp began with a prayer and a reading from the Bible. Fr. Martin McCormack sang a song to welcome the Taiwanese doctors and Sr. Susan Soren, the animator of the community voiced words of welcome and thanks to all present.







Ferrando Resource Centre Lesotho

Special School for Children



Ferrando Resource Centre, a Centre for the children with multi disabilities was opened in March 2013 for the children who are differently abled. This was in response to the plight of children with Cerebral Palsy, Down Syndrome, Autism and other multiple disabilities who had virtually no access to educational and developmental services. This plight of the children was taken note by

the MSMHC during their several travels around the villages of Maputsoe and talks with the target communities and others. The Sisters initially identified 25 children with multiple disabilities in dire need of day-care and educational services and wholeheartedly started the operations of Ferrando Resource Centre on rented premises at St. Luke Parish (Salesian Mission) in Maputsoe, very close to the border post with South Africa.

The Centre, within six months of its inception was able to help a boy to sit for the Primary Public Examination and he managed to secure a first class and ranked sixth in the Examination Council of Lesotho. He is the first boy in the Country with Cerebral Palsy to write the Primary Examination. This year the Centre is aiming at initiating another four kids to a primary school to have their names registered while giving them different therapies at the centre.

Ferrando Resource Centre is a

partner of the Canadian NGO, Malamulele Onward in Gauteng who provide physio, occupational and speech therapy training and support for children with cerebral palsy. The Centre provides personal and individual care, physio and occupational therapy, body massage, speech therapy, life skills, games and recreations and appropriate education. It also gives appropriate education to the children in order to enable the children to pass through the primary and compulsory education.

The Centre has a close knit relationship with Her Majesty Queen 'Masenate Mohato Seeiso, the Queen of Lesotho. Her great interest in people with Disabilities has made her to come in touch with FRC. Recently Sr. Teresa George, the Director of FRC and Sr. Lily KYS had a private audience with Her Majesty to discuss about the Centre.

The Centre is blessed to have two more members - Sr. Manju Kachhap and Sr. Bindu Thomas. They are already fully engaged in the mission since their arrival on 20 August.









South Sudan Mission Celebrates Nurses Day

Nurses' day was celebrated for the first time in Don Bosco Hospital on 12 May. It was Sr. Shanty Antony, the Administrator of the hospital who was inspired to celebrate the day with the 18 staff members of the hospital.

The day's programme began with



the lamp lighting ceremony by Fr. John Peter, the Rector and Parish Priest of the mission. The lamp was passed on to everyone, which symbolised sharing the light of knowledge. Sr. Shanty then presented the short history of Florance Nightangle, the founder of modern nursing who was known as 'Lady with Lamp'.

Fr. John Peter read the Word of God and delivered a beautiful message to the nurses. After the prayer service, there were short messages by Sr. Shanty Antony, Sr. Dona Lyngdoh and Mr.Damian and Mrs. Sarah from Italy, the volunteers.

Seminar for Women

One-day seminar was organized for women at Thiet, one of the sub-centers of South Sudan Mission on 16 May. The participants were from three villages around the sub-centre. The organising team consisted of Srs. Dona Lyngdoh, shanty Antony and Monica Adaphro.



There were around 130 women present for the seminar. The programme focused on empowering women and the sessions were on the worth of women and their role in society. The seminar ended with the Holy Mass by Fr. John Peter, the Parish Priest. He spoke about God's covenantal love for His people and encouraged the group to respond to His love by being strong in faith at all situations of life.

News from Ferrando Convent Hawaii

The community of Ferrando Convent Hawaii was glad to welcome Sr. Lucinda T Salboro, the first MSMHC from Hawaii. The community organized a get-together of friends and benefactors for a thanksgiving Mass for Sr. Luci on June 24, 2015 at the Convent. Fr. Arnold Ortiz, the Pastor of St. Elizabeth Church was the main celebrant of the Holy Mass. Sr. Luci's Mom Carmen and her sister Laureen from the Big Island Hilo came to join in the celebration. The celebration was a pleasant surprise for Sr. Luci.

All who gathered for the thanksgiving Holy Mass were inspired by



The community members along with Sr. Lucinda, her Mom Carmen and sister Laureen

the courage and determination of Sr. Luci who has a unique story of her vocation. Everyone prayed for God's blessings upon her as she just began her journey in religious life to serve God and His people.

Inter-congregational Meet, Cottolengo, Torino

The first ever Inter-congregational meet was conducted in the Archdiocese of Turin on 14 June 2015. This meet was meant for all female religious who have completed ten years of profession and not above fifteen years. MSMHC made their presence known by attending in great number for this event which had the participation of around sixteen congregations.

Don Sabino Frigatto sdb, the Episcopal Vicar General for Religious of the diocese of Turin was the leading person of this venture. In his introductory talk he said that the young religious are usually taken care of, whereas the finally professed who are also still young in age are often neglected. He expressed his desire that this meeting would bring about a greater closeness between religious and provide a forum to know and taste the differences of Charisms and Spirit. He also said that the motive be-



hind this attempt is not only the physical knowledge of one another but more of the growth in spiritual and psychological development and to draw the attention to the common concerns of various apostolates.

The participants were divided into groups and each one had the chance to

share their specific apostolate. Sharing of different charisms for the spread of the Gospel which is the ultimate aim of all, enriched the participants. A short video clipping was shown which revealed the need to work harder to live a life of witness, credibility and authenticity in one's vocation.

Nurses and Operatorio Socio Sanitaria Meet

A day-long meeting of Nurses and Operatorio Socio Sanitaria (OSS) was held on 30 July 2015 at Crocetta, Turin. Sisters from various communities who are directly involved in the care

of sick and aged participated in it. Don Marco Rosetti SDB offered the Holy Mass. In his homily, Don Marco exhorted the sisters to listen to the word of God attentively which will consequently help them to have an open ear for the people entrusted to their care.

Sr. Gemma, the former Provincial of the FMA, animated the sisters for an hour on the gradual growth of a human person and how to help the aged grow gracefully. She told them

that, taking care of the aged demands a lot of sacrifice as their whole round needs have to be met. Their psychological, interior and moral life has to be strengthened with the deepening of their faith as they are in the evenings of their lives. She also told the sisters that, as one lives in her younger days so will be her older years.

Sr. Bridget Jacob MSMHC enlightened the sisters on the Gospel of St. John Chapter 18, where a new way of looking at the passion of Jesus was explained. She connected the lives of Jesus, Peter and Judas to the reality of life which enriched the sisters to accept the passion of everyday life.

On this occasion, the sisters welcomed back Sr. Ethelda Shangdiar who was absent from the delegation for a couple of years. Sr. Marta D'Rosario, the Delegate Superior concluded the meet with a few exhortations and thanked all the participants for availing themselves for the occasion and for their active participation.







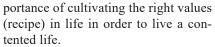
Summer Programme

During the summer holidays the parishes in Italy organize summer programme for the children. The Centre at Piossasco organizes three weeks of summer programme every year. Usually, the summer programme day starts at 8, 00 a.m. and ends at 6, 00 p.m. every day. There is a moment of prayer and reflection, organized games and plays. The children are divided into groups and they take a lot of initiatives to participate in different games. The animators also participate in the summer camp with all the favor and enthusiasm. The sisters render their help in all possible ways, help in assisting the children, cleaning and preparing the places.

The programme was participated by 150 children and 30 animators. The theme of this year was "To feast we need the right recipe". The theme made the children to reflect on the im-







On the last day there was a Holy Eucharist with all the parents and children to thank the Lord for his manifold blessings that they received during programme days. The programme con-





cluded with a shared meal and recital on the themes of the summer camp.

The summer camp is an occasion for the children and animators for their personal, human and Christian formation. The chosen themes and reflections help to reflect on the human and Christian values. It is a moment of catechesis.

Memorable Moments with Pope Francis







Sr. Marta D'Rosario, the Delegate Superior, Sr. Ruby Ann Moyol and Sr. Daisy Philip meet Pope Francis at Arcivescovado during his pastoral visit to Turin on 21-22 June 2015.

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